



My heart is saddened too, as I remember the fear that I felt on 9/11. My personal fear was dispelled shortly thereafter; but my heart remains sad because the US Government continued fueling our nation's fears for months and years afterwards, as it still does today.

BECAUSE OF OUR FEAR:

- We went to war, illegally.
- Thousands of innocent adults and children have died; including our own baby soldiers, many of whom came from areas of gross unemployment, and limited educational opportunities.
- And more will die, on both sides.
- Billions of dollars have been mis-spent on an illegal war.

WHILE IN THE USA:

- Many adults and children don't have enough to eat every day.
- Many more are without medical insurance.
- Jobs are being outsourced to other countries.
- And people continue losing their jobs here.
- There is not enough affordable housing.
- Some people lost their homes through faulty mortgage lending practices, that was approved of by the government.
- Things continue to cost more, but people don't earn more.

(I know that many of these problems are also going on around the world. But what hope is there for others when these issues are an everyday reality in "the richest country in the world.")

WHEN WILL OUR FEARS END?

- Never, if the old guard keeps us bound in our fears.
- Never, since their policies remain the same old, same old.
- Never, if they succeed in manipulating us into thinking that they can change their own side. Speaking of pigs... Maybe it will happen when pigs fly!
- Never, unless we stop believing their fear-based rhetoric.
- Never, unless we elect a new government that is committed to the good of the people in PRACTICAL WAYS: jobs, healthcare, food on the table, affordable housing, and pensions we can live on.

WHAT CAN I SAY TO COMFORT YOUR BROKEN HEART?

- Don't get caught up in rhetoric that causes you to make ANY decisions based on fear, whether they are personal, professional, or political.
- Examine your own fears, TRUTHFULLY! Put all your fears out on the table and look at each one of them closely. Ask yourself if there a history to them that pre-dates your current situation and your thinking today. You'll probably find the answer in your experiences growing up. So stop those childhood fears from continuing to run, and maybe even ruin your life.
- Be Group-Minded. Choose what is for the greater good of your family, community, nation, planet.
- Remember that "There but for the Grace of Your Higher Power, go you." So find empathy and compassion in your heart, your thinking, and your actions for others less fortunate than you.
- Be in integrity; and that will give you the greatest comfort of all, no matter what your life circumstances are today.

MY GIFT TO COMFORT YOUR BROKEN HEART:

I offer you a Free Group TeleClass to help you get Clarity and Comfort on ANY issue in your life. Thursday, September 18 @ 8:00 PM Eastern email for Phone Bridge #

There's a Special Comfort Gift available to all those who attend.

I send Light, Love, and Peace from My Heart to Yours.

Chris:)

Christine-Anne Plâtel

Life and Relationship Coaching

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